

Solid gold hits...

# prove-it and quotables

**PARKS and RECREATION**  
Socially involved people are 2 to 5 times less likely to suffer heart disease  
As much as 100 times more to tend a tree to fall than to provide preventative recreation programs  
A national softball tournament accounted for over 100,000 spent in the local economy  
\$59 billion is spent every year on wildlife tourism  
Girls who participate in sports help increase bone density to combat osteoporosis in later life  
Juvenile crime dropped 24% during the first 13 weeks of one city's late-night recreation program  
**INVESTMENTS IN WATERFRONTS AND OPEN SPACES ATTRACT NEW BUSINESS**  
People rank clean air and water most important when rating the best places to live  
Every mile walked adds on average of 21 minutes to a person's life  
Families that recreate together report greater stability and satisfaction  
VISITS TO NATIONAL, REGIONAL AND LOCAL PARKS EXCEED 1 BILLION ANNUALLY  
145,000 kids surveyed felt wildlife preservation tops environmental concerns  
66,000 deaths annually could be prevented through regular physical exercise  
Regular volunteer work increases life expectancy more than any other activity  
For every child who participates in local parks programs, 100 is spent on surplus  
Americans spend over 500 million days per year fishing  
The fondest memories involve family outings and vacations  
**THE BENEFITS ARE ENDLESS...  
and we can prove it!**

**PARKS and RECREATION**  
"Since play is a  
fundamental need,  
recreation grounds should be  
provided for every child  
as much as schools."  
THEODORE ROOSEVELT  
**THE BENEFITS ARE ENDLESS...**

## Back up your claims with hard-hitting facts.

"Prove it!" uses statistical information that you can customize with specific facts. Legislators, city council members, funders and voters sit up and listen when you can *Prove It!*

**You can quote them!** Let us match the perfect athlete, president, philosopher or writer to your special needs. Let the immortal words of Theodore Roosevelt, Plato, Tiger Woods or hundreds of others speak for you. Call us to brain-storm!



### 84CD CD HOLDER

QTY	24-143	144+
PRICE	4.89	3.98

**Personalize!** 48+ choose from colors shown below. Add your name/logo: \$45.



### 10SS3C SWEATSHIRT WITH 3-COLOR LOGO (compare to white T on page 16)

QTY	12-24	25-60	61-144	145-576	577-1999	2000+
PRICE	11.20	10.20	9.95	9.20	8.95	call for quote

**Personalize!** 12+ choose from colors shown on page 2. Add your name/logo: \$45.



### 320SB SEED BOOKMARK

QTY	200-499	500+
PRICE	1.20	.95

### 318SC SEED FOLDING CARD

QTY	100-499	500+
PRICE	3.10	2.95

### 316EB 24"x36" DRY-ERASE BOARD

QTY	25-199	200+
PRICE	29.95	28.80

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### YAKIMA PARKS and RECREATION

**THE BENEFITS ARE ENDLESS...  
and we can prove it!**

### 317BB NAME BADGE

QTY	100-499	500+
PRICE	1.99	.99

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### 38PN POST-IT NOTEPAD

QTY	100-499	500+
PRICE	.68	.66

**Personalize!** 500+ add your name/logo: \$45.

**budget!**

**budget!**

**budget!**